



**MANITOBA**  
RANONNEURS

# Roland 200

<b>Depart</b>	<b>Winnipeg (Shell at Dalhousie Dr and Pembina Hwy)</b>			<b>05:00</b>
	Keep right			0.4
	Turn left onto Provincial Road 330, PR 330			5.7
	Turn right onto Provincial Road 205, PR 205			36.8
	Turn left onto Provincial Road 422, PR 422			6.6
	Turn right onto Provincial Trunk Highway 23, PTH 23			11.5
	Keep right			34.4
	Turn slight right onto Spruce Street			0.1
<b>Control 1</b>	<b>Roland</b>	<b>96 km</b>	<b>Open 7:49</b>	<b>Close 11:22</b>
	Turn left onto South Avenue			0.9
	Turn right onto 3rd Street			0.4
	Turn left onto Pacific Avenue			0.2
	Keep right			0.8
	Turn slight right onto Provincial Trunk Highway 23, PTH 23			0.1
	Keep right			3.5
	Continue onto Provincial Trunk Highway 3, PTH 3			0.3
	Turn right onto 4th Avenue Southeast, PTH 3			14.6
<b>Control 2</b>	<b>Carman</b>	<b>116 km</b>	<b>Open 08:25</b>	<b>Close 12:45</b>
	Turn left onto MB-334			48.8
<b>Control 3</b>	<b>Sanford</b>	<b>165 km</b>	<b>Open 09:51</b>	<b>Close 16:00</b>
	Turn right onto Mandan Dr/Hwy 3/MB-247 E			0.8
	Turn left onto Hwy 3/MB-3 E (signs for Winnipeg/Manitoba 3/Manitoba 247)			0.9
	At the roundabout, continue straight onto Provincial Trunk Hwy 3 E/Hwy 3/M			12.3
	Keep right			1.1
	Turn sharp right onto Waverley Street			10.8
	Turn left onto Grandmont Boulevard			0.5
	Turn left onto Pembina Highway, PTH 75, Route 42			1.6
	Turn right onto Cloutier Drive			0.4
	Turn left onto Silverstone Avenue			4.4
	Turn left onto Dalhousie Drive			1.2
<b>Control 4</b>	<b>Winnipeg</b>	<b>200 km</b>	<b>Open 10:51</b>	<b>Close 19:30</b>

**Please return completed control cards ASAP to:**

Weldon Penner

Manitoba Randonneurs

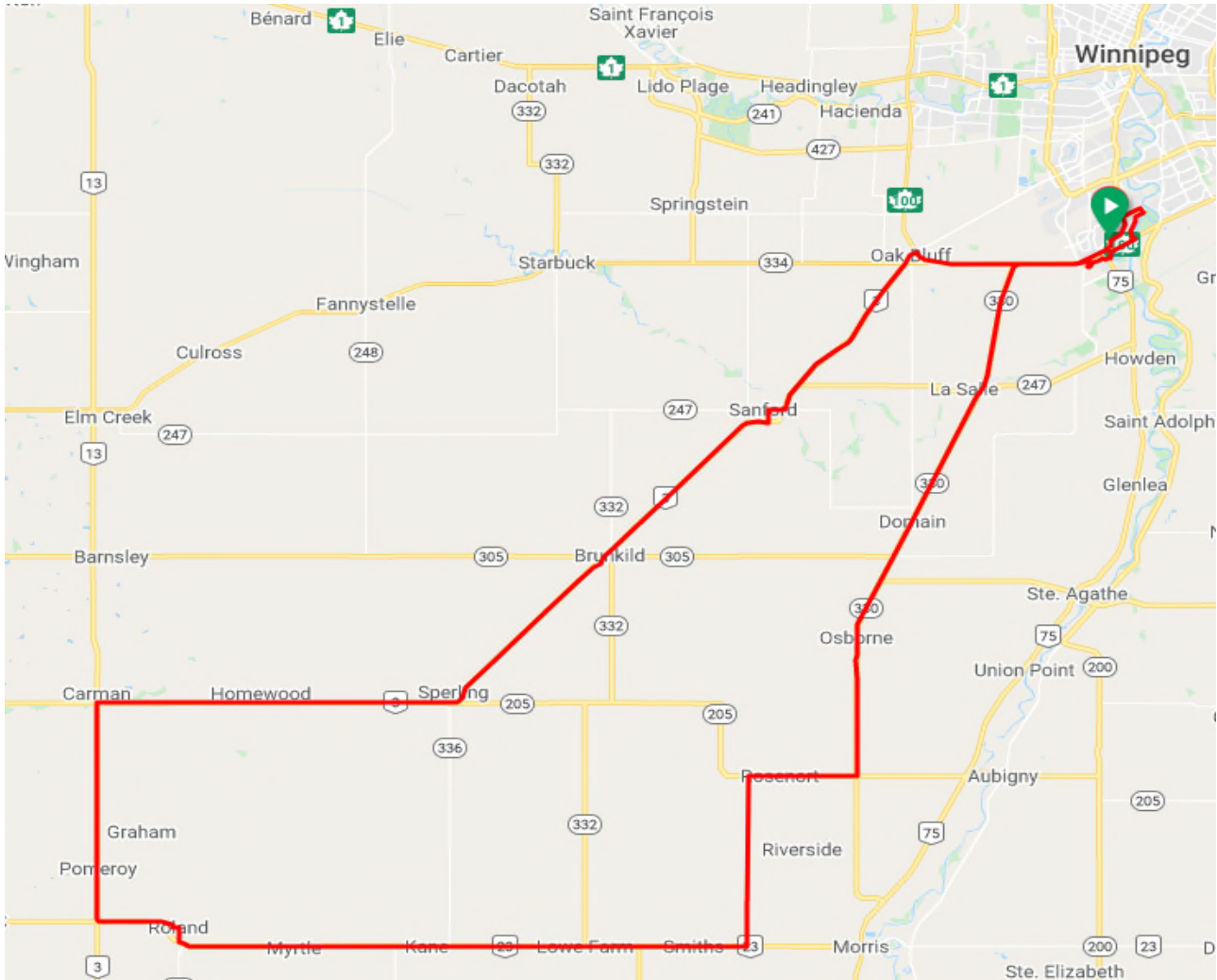
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[manitobarandonneurs.ca](http://manitobarandonneurs.ca)



<https://ridewithgps.com/routes/35188804>